



FIRE DEPARTMENT SAFETY OFFICERS ASSOCIATION

*HEALTH AND SAFETY OFFICER
(NFPA 1521-2020)*

PRACTICAL SKILLS

HEALTH AND SAFETY OFFICER – NFPA 1521-2020: 4.10.1, 4.10.2 *HEALTH MAINTENANCE PROGRAM*

STUDENT NAME:

SKILL SHEET #18

Skill Objective: The candidate shall demonstrate their ability to analyze, update, and manage a fire department health maintenance program.

Skill Procedure: The candidate shall demonstrate the ability to analyze, update, and manage a fire department health maintenance program so that all requirements of a health and safety plan are introduced and maintained.

<u><i>Items to be checked</i></u>	FIRST TEST		RETEST	
	Pass	Fail	Pass	Fail
<i>If the candidate:</i>				
1. Develops a health and fitness program.				
2. Analysis information from different data resources.				
3. Identifies the medical and physical performance requirements.				
4. Determines compliance to infectious disease control.				
5. Determines the need for fire department physician.				
6. Develops fitness for duty evaluations				
7. Documents information and develops report.				

Candidate MUST successfully master each step listed to pass this skill.

Candidate's Grade:

Pass

Fail

Evaluator's Signature: _____

Date: _____