Skill Objective: The candidate shall demonstrate their ability to analyze, update, and manage a fire department health maintenance program.

Skill Procedure: The candidate shall demonstrate the ability to analyze, update, and manage a fire department health maintenance program so that all requirements of a health and safety plan are introduced and maintained.

<table>
<thead>
<tr>
<th>Items to be checked</th>
<th>FIRST TEST</th>
<th>RETEST</th>
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<tbody>
<tr>
<td><strong>If the candidate:</strong></td>
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<tr>
<td>1. Develops a health and fitness program.</td>
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<td>2. Analysis information from different data resources.</td>
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<td>3. Identifies the medical and physical performance requirements.</td>
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<td>4. Determines compliance to infectious disease control.</td>
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<td>5. Determines the need for fire department physician.</td>
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<td>6. Develops fitness for duty evaluations</td>
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<td>7. Documents information and develops report.</td>
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</tbody>
</table>

Candidate MUST successfully master each step listed to pass this skill.

**Candidate’s Grade:**
- [ ] Pass  
- [ ] Fail

**Evaluator’s Signature:** ______________________  
**Date:** _______________